

Hana the Hyena · Based on the book “The Hyena Who Went To Dinner”

# Hana the Hyena Activity Pack

Colouring pages, puzzles, writing prompts, and discussion ideas inspired by Hana’s **Ethiopian** adventure.



Includes a one-page **Discussion Guide for Parents & Teachers** with questions and ideas to help you talk about courage, belonging, and kindness after reading the story.

## What's inside

- Dream bubbles & dinner-table colouring pages
- Forest-to-city journey maze
- Spot-the-difference challenge
- Feelings timeline reflection sheet
- “Postcard from Addis Ababa” writing activity
- One-page Discussion Guide for adults

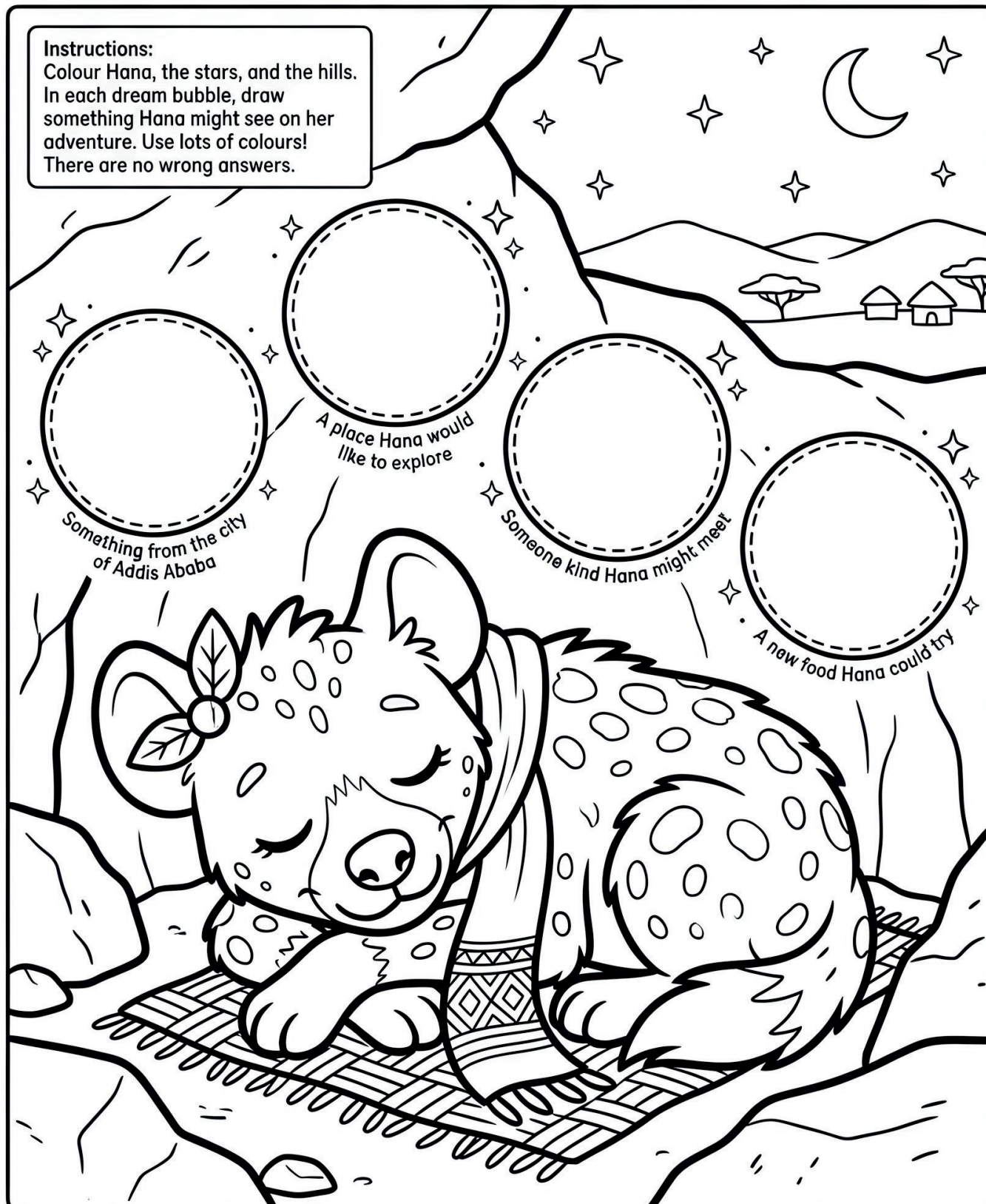
Ages 6+ · Perfect for home, classroom, or library use.

# Hana's Dream Bubbles

Hana is dreaming about her big adventure. What do you think she imagines?  
Colour Hana and the night sky, then draw your own pictures inside the dream bubbles.

## Instructions:

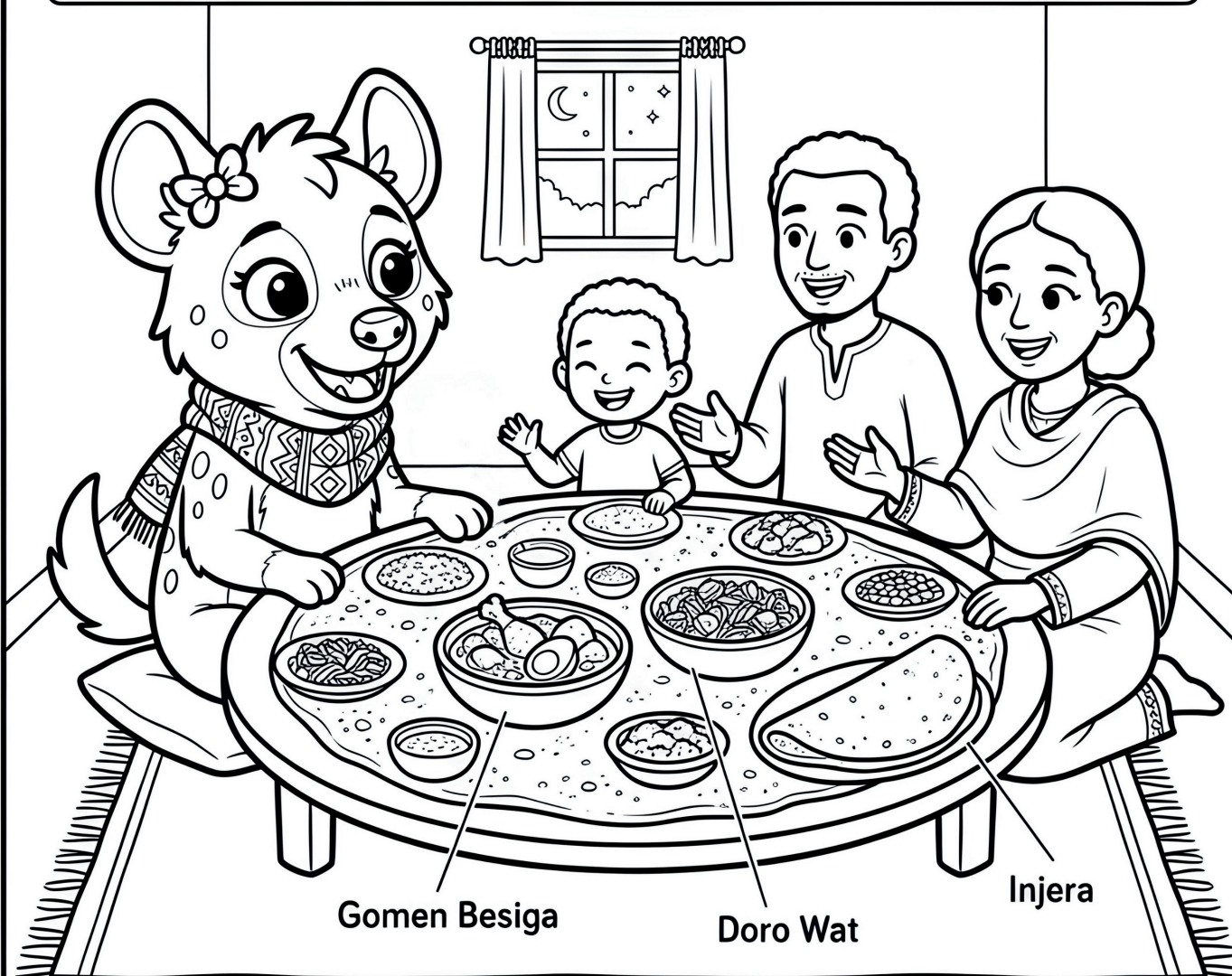
Colour Hana, the stars, and the hills.  
In each dream bubble, draw something Hana might see on her adventure. Use lots of colours!  
There are no wrong answers.



# Hana's Ethiopian Dinner

Hana is having dinner with her new friends in Addis Ababa.  
Can you colour the food and the people around the table?

**Instructions:** Colour the injera, doro wat, gomen besiga, and all the other foods. Colour Hana and the family. Talk with a grown-up about which food you would like to try.



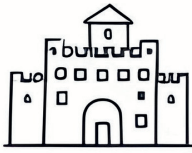
What new food would you like to try? Draw it or write its name here:

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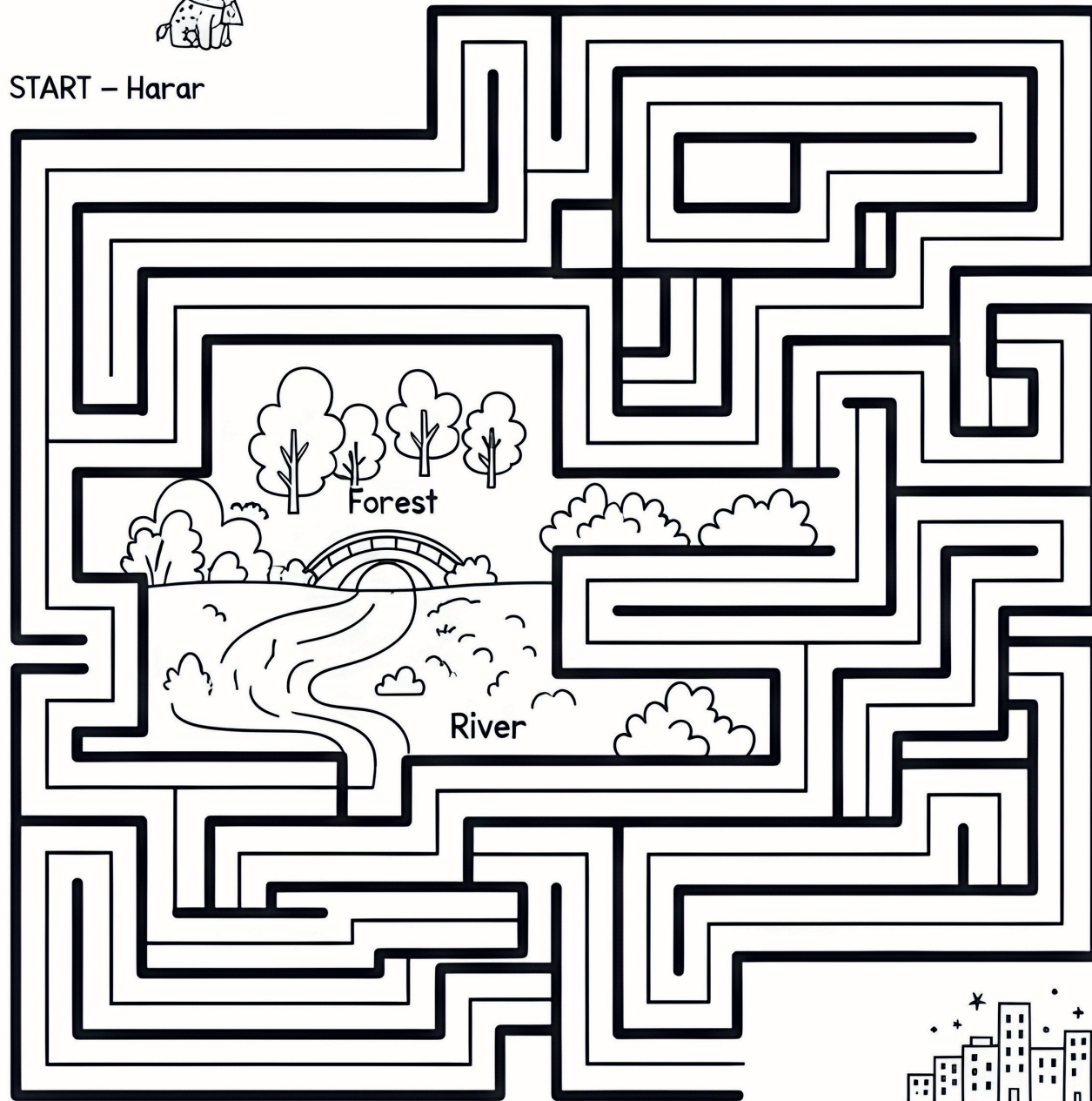
# Hana's Journey Maze

Help Hana find her way from Harar to Addis Ababa!



**Instructions:** Start at Harar. Follow path through the forest and across the river. Don't get dead ends! Reach Addis Ababa and circle the city when you arrive.

START – Harar



How many twists and turns did Hana take? \_\_\_\_\_

FINISH – Addis Abaaa

**Adult tip:** Ask the children to describe what Hana might see and feel on her journey.

# Spot the Difference: Forest to City

Hana walks through quiet forests and rivers, then reaches the busy Addis  
Can you spot what has changed?

**Instructions:** Look carefully at Picture A and Picture B, below. Circle 10 differences between the two pictures. Colour both scenes when you finish.



**Picture A** – Hana on the way from Harar  
(forest & river)



**Picture B** – Hana near Addis Ababa  
(lights & buildings)

How many differences did you find? \_\_\_\_ / 10


**Adult tip:** Ask children how Hana might feel in each place – quiet forest vs busy city

# Hana's Feelings Timeline

Hana feels lots of different things on her adventure. Let's think about how her feelings change from the beginning of the story to the end.

**Instructions:** Look at each moment from Hana's journey. Choose or write how you think Hana feels. Colour the faces and add your own words.

When Hana leaves Harar for Addis Ababa...

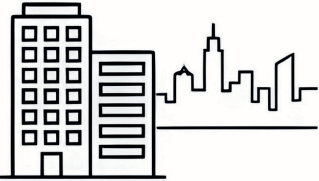


☐ happy · ☐ excited · ☐ nervous

☐ scared · ☐ lonely · ☐ curious · ☐ proud

I think Hana feels..." \_\_\_\_\_.

When she first arrives in the big big city...




☐ happy · ☐ excited · ☐ nervous

☐ scared · ☐ lonely · ☐ curious · ☐ proud

I think Hana feels..." \_\_\_\_\_.

When everyone is busy and she feels small...




☐ happy · ☐ excited · ☐ nervous

☐ scared · ☐ lonely · ☐ curious · ☐ proud

I think Hana feels..." \_\_\_\_\_.

When the kind family invites her in for dinner...



☐ happy · ☐ excited · ☐ nervous

☐ scared · ☐ lonely · ☐ curious · ☐ proud

I think Hana feels..." \_\_\_\_\_.

## Your turn

Think about a time when you felt nervous or unsure, just like Hana.  
What helped you feel better?

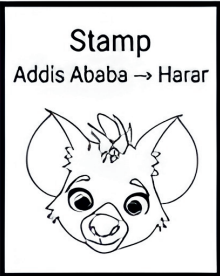
# Postcard from Addis Ababa

Imagine Hana sends a postcard to the hyenas back in Harar.  
What does she write?

Instructions:

In the picture space, draw a scene from Hana's adventure in Addis Ababa.  
In the lines on the right, write a short message as if you are Hana.  
Don't forget to sign your name as "Hana" at the end!

Draw a picture from Hana's  
big-city adventure here.



Dear friends in Harar,

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Love from,

Hana 

# Hana the Hyena – Discussion Guide for Parents & Teachers

This one-page guide offers questions and activity ideas you can use after reading *The Hyena Who Went To Dinner*. Use them to help children talk about courage, belonging, kindness, and visiting new places.



## 1. Getting started

- Ask children what they think the story might be about from the title and cover.
- Invite them to share a time when they visited a new place.



## 2. Feelings & courage

- How do you think Hana felt when she left Harar?
- What helped Hana feel braver in the city?
- When was a time you felt nervous and then felt better?
- What are some ways we can show we are brave?



## 3. Belonging & kindness

- What makes Hana feel like she belongs at the dinner table?
- Why is it important to be kind to people who are different?
- How can we make others feel welcome and included?
- Share a time someone was kind to you.



### Tip:

Children don't have to answer every question. Choose one or two that feel right, and let the conversation flow naturally.



## 4. Simple activities

- Draw a picture of a time you felt brave.
- Try drawing or writing a "postcard" from a new place, like Hana.
- Find Ethiopia on a map and look at some pictures of Addis Ababa.
- Share a favorite food from your family's culture.